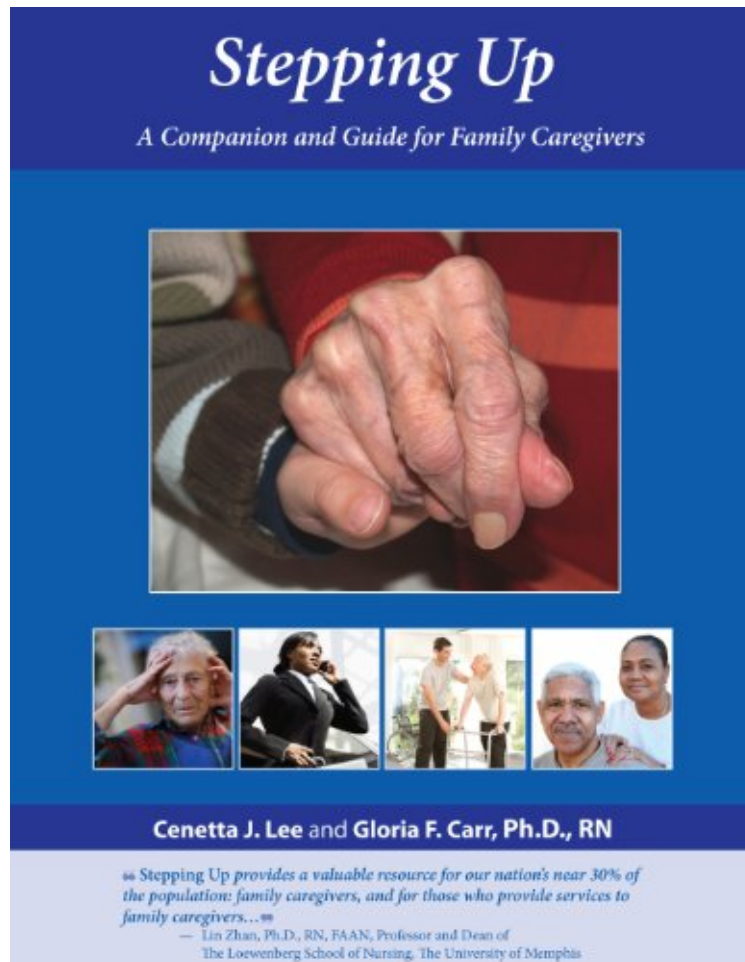


(Ebook pdf) Stepping Up: A Companion and Guide for Family Caregivers

Stepping Up: A Companion and Guide for Family Caregivers

Cenetta J. Lee, Gloria F. Carr Ph.D. RN
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Cenetta J. Lee, Gloria F. Carr Ph.D. RN : Stepping Up: A Companion and Guide for Family Caregivers before purchasing it in order to gage whether or not it would be worth my time, and all praised Stepping Up: A Companion and Guide for Family Caregivers:

0 of 0 people found the following review helpful. A great help to caregiversBy RobbieSo informative and a lot of help for family just beginning to care of a loved on.Great resources listed.0 of 0 people found the following review helpful. A Valuable ResourceBy Daniel WheelerStepping Up is a very valuable resource, guide, and an inspiration to family caregivers, and those who provide services, in this much needed field of understanding. I highly recommend this book to all individuals faced with the task of caring for a family member, friend, or patient, during times of change or transition.0 of 0 people found the following review helpful. Stepping Up is great!!By Charles Lee"Wow, what a great guide. You touch on every aspect of taking care of loved ones who become fragile. Thank you for caring enough to guide us through unimaginable uncharted waters."

Stepping Up is the ultimate resource designed for caregivers to provide a rich knowledge base for future planning of compassionate caregiving. It integrates valid medical research, supplemented with personal stories to educate the reader on critical caregiving issues. Issues addressed include: recognizing declining health, caring effectively in the home, supervising care from a distance, understanding common diseases and conditions, services available toward the end-of-life, coping after death, essential legal documents, and online resources.

STEPPING UP provides a valuable resource for our nation's near 30% of the population: family caregivers, and for those who provide services to family caregivers." --Lin Zhan, PhD, RN, FAAN, Professor and Dean of The Loewenberg School of Nursing, The University of Memphis "I found STEPPING UP to be an incredible resource - not only valuable but essential to those embarking on this journey." ----Mary Jane Stillwagon, RN BSN, Administrative Director for Performance Improvement Medical/Surgical/Critical Care Services, Duke University Hospital

From the Back Cover "Stepping Up "is an exceptionally timely, unique, and comprehensive body of work that was created to help family members recognize changes in their loved ones' medical, emotional, cognitive, and mental status. It was designed to help family members recognize when it is time to ask questions or even to intervene on a loved one's behalf as their health begins to deteriorate. The following areas are among those discussed in this helpful reference guide: Recognizing the symptoms of declining health Caring effectively for loved ones at home Managing care outside the home Locating and supervising care from a distance Common diseases and conditions of the elderly - strokes, cancer and dementia "Stepping Up" is the essential guide for any caregiver providing primary source material that educates, informs, and provides a rich knowledge base for present and future planning for the compassionate care of one's family members.

About the Author Cenetta J. Lee earned her Bachelor of Library Science and Masters of Library Science degrees from Southern Connecticut State University. Cenetta and her husband, Charles, now live in North Carolina. Gloria F. Carr, Ph.D., RN, FNP-BC is an Assistant Professor at the University of Memphis Loewenberg School of Nursing where she teaches Gerontological Nursing and Nursing Education.