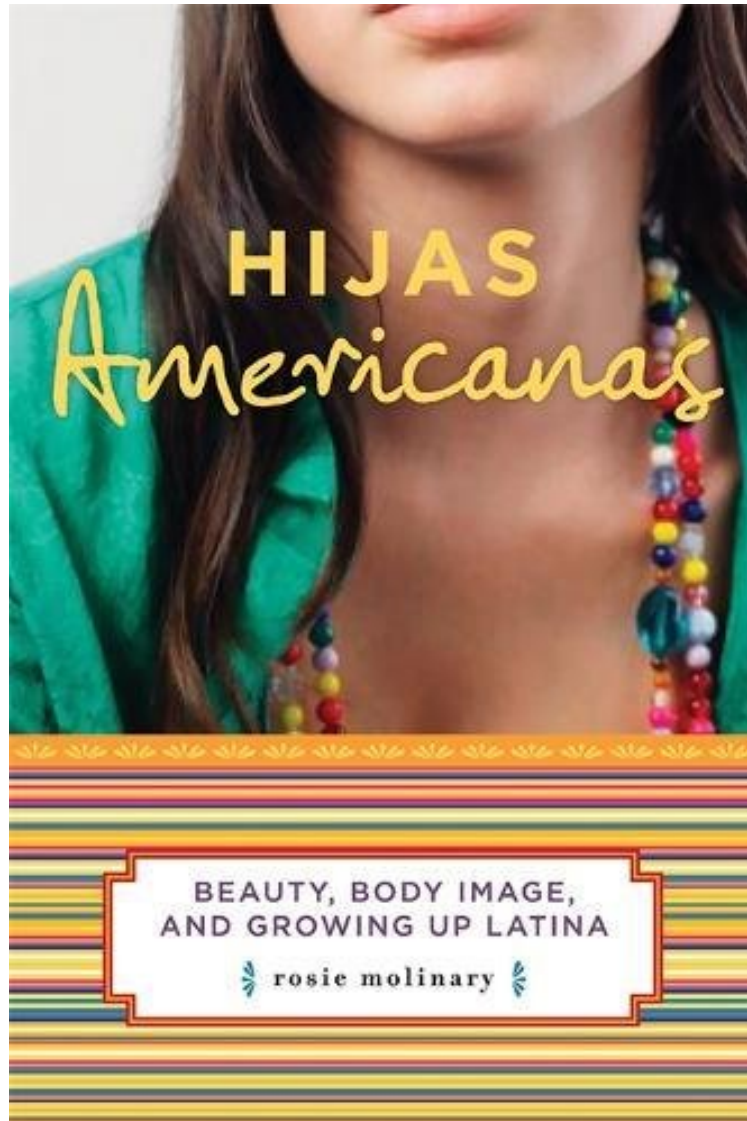


(Get free) Hijas Americanas: Beauty, Body Image, and Growing Up Latina

Hijas Americanas: Beauty, Body Image, and Growing Up Latina

Rosie Molinary

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Rosie Molinary : Hijas Americanas: Beauty, Body Image, and Growing Up Latina before purchasing it in order to gage whether or not it would be worth my time, and all praised Hijas Americanas: Beauty, Body Image, and Growing Up Latina:

1 of 1 people found the following review helpful. Great book! Rosie Molinary it thought provokingBy TTGreat book! Rosie Molinary it thought provoking, Great information for young Latinas and those who love them.5 of 5 people found the following review helpful. Incredible Book!By Jennifer KinneyThis is one of those books that you won't soon forget! Molinary gives moving, funny, and thoughtful anecdotes of her life blended with stories and experiences of

other Latinas in the US. I wish it had been available when I was a young girl, but I can still take away so much from it as a 33 year-old woman. I could not put it down and read it in two days! Thanks to the author for putting so much time and research into crafting a book that could help millions of women see themselves for the beautiful "hijas" they are. This is a timely, empowering read! 2 of 2 people found the following review helpful. For heavens sake
By Guns
This book is unreal; it caused me to rethink the history of Latin American women, they need more respect

In *Hijas Americanas*, author Rosie Molinary sheds new light on what it means to grow up Latina. Drawing upon her own experiences, as well as interviews and surveys collected from more than 500 Latina women, Molinary provides a powerful understanding of the inner conflicts and powerful triumphs of Latinas. The women profiled in this book are Caribbean, Mexican, Central American, and South American. These first-, second-, and third-generation Latinas have all grappled with the experience of coming of age within not one but two cultures that of the United States, and that of their familial homelands. *Hijas Americanas* addresses experiences that are uniquely female and Latin, focusing on themes of body image, standards of beauty, ethnic identity, and sexuality. In doing so, Molinary gives voice to the struggles and successes of Latinas across racial, sexual, and cultural identities, emphasizing that the challenges inherent in growing up between two cultures can positively shape Latinas' lives.

From Publishers Weekly
Young Latinas grow up dealing with two, often conflicting, sets of expectations about how they should look, how they should act and how they should dream, points out Molinary, a poet, teacher and first-generation Latina born to Puerto-Rican parents, in this study. Drawing on the responses of more than 500 women who answered an extensive survey, Molinary lays out the most pressing tensions and obstacles for Latinas around issues like body image, religion and sexuality. In chapters titled *Turning Gringa* and *How Latina Are You?* she weaves together her own stories with the anecdotes of her survey respondents. The extensive quoting of other Latinas imbues the book with an honesty that will likely be appreciated by young readers. However, Molinary often overuses these voices, which drown the narrative structure. At its best, the book is a pastiche of honest and emotional insights that come together to reveal a shared experience. At its worst, it comes off like a sloppily prepared sociological report, with little storytelling finesse. Though more suited to skimming than reading straight through, the book is likely to be a source of comfort for many young Latinas. (June) Copyright Reed Business Information, a division of Reed Elsevier Inc. All rights reserved.
From Booklist
Growing up in two cultures, children are usually the ones "who bring America home" while their parents "just want the guest to go away." Molinary was the only Puerto Rican girl in her South Carolina high school, and her lively, honest narrative captures the immigrant conflicts of trying to fit in at home and feeling a stranger outside. She combines her personal experience with commentary drawn from more than 80 Latinas she interviewed and more than 5,000 who answered her Web-based questionnaire. They talk frankly about prejudice, family tensions, body image, skin color, sexuality, faith, social norms, and much more. Throughout, the young women are candid about ignorance from all sides, and they are fiercely critical both of the stereotype that Latinas are all "Mexican and illegal" and of the exotic, sexy roles Latinas play on television. Rooted in clear details, the strong, upbeat message celebrates the traditional and the contemporary sides of today's Latinas. A final section includes the survey, interview questions, and an up-to-date bibliography and a resource guide. Hazel Rochman
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