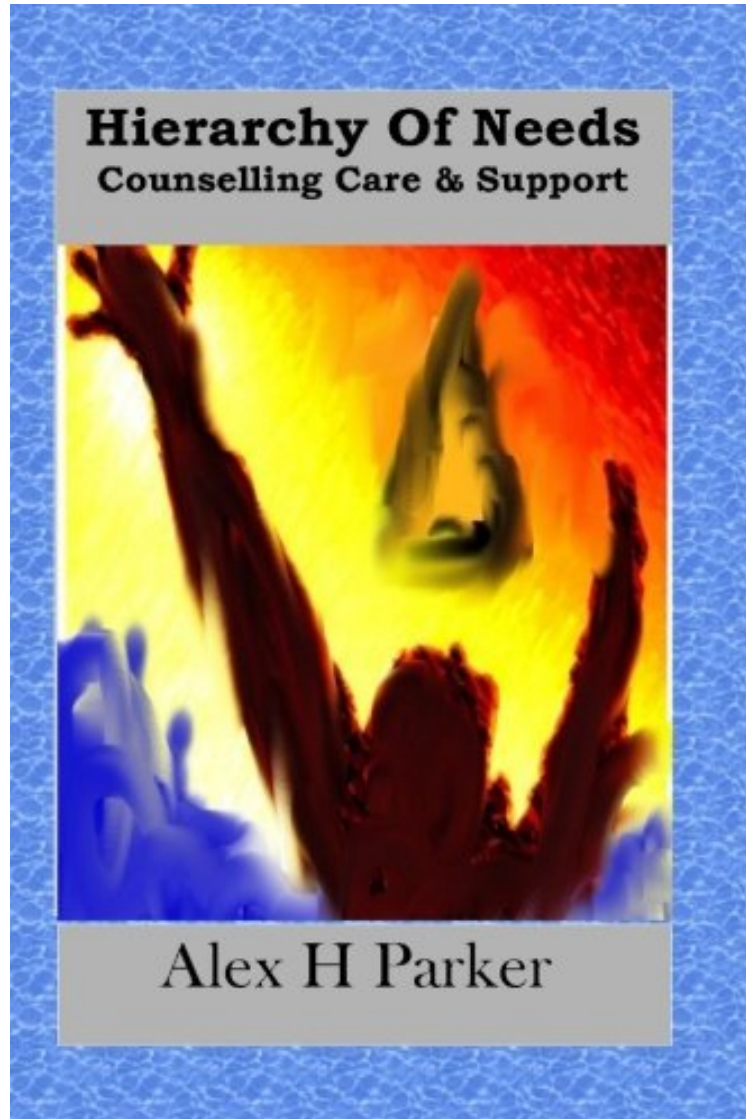


## Hierarchy of Needs Counselling Care Support

*Alex H Parker*

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**Alex H Parker : Hierarchy of Needs Counselling Care Support** before purchasing it in order to gage whether or not it would be worth my time, and all praised Hierarchy of Needs Counselling Care Support:

0 of 0 people found the following review helpful. Great for counseling classes.By csuladyGreat chapters and put together wel. Great for counseling classes.

An insightful book discussing the Hierarchy of Needs and how these are enhanced by using Rogerian Core

Humanistic/ Person centered principles. This examination focuses on the practitioner's values which contribute to a therapeutic growth based environment. The theories of Maslow and Rogers are dominant throughout. This book was created as part of a workshop discussing the attitudes required in delivering a Person Centered service in counselling/psychotherapy and social care, but many people have adapted these principles to teaching and parenting. This book contains some deviations in grammar and maybe little repetitive at times, but the insights contain essential understanding of the process of personal growth in a way that can be easily understood and appreciated. Subjects included are: Environment, Actualising Tendency and Transcendence. Conditions of Growth. Congruence. Unconditional Positive Regard Empathy Hierarchy of Needs Basic Physiological Needs Safety Needs Social Needs Esteem Actualisation Needs

About the Author Alex started studying psychology based subjects in 2000 when working with people who live with physical and learning disabilities at Northumberland County Council's Bedlington Day Centre. Alex worked with Contact Mental Health Group in Morpeth from 2005 till 2010 offering Counselling and personal development workshops. Alex started Alexhparker.co.uk in 2007 offering Personal Development in the form of counselling, workshops, life coaching and hypnotherapy. Alex is the director of the informal distance learning school of Plessey castle Academic. Alex continues to develop Alexhparker.co.uk and Plessey Castle Academic and offers Psychological therapies throughout the North of England.