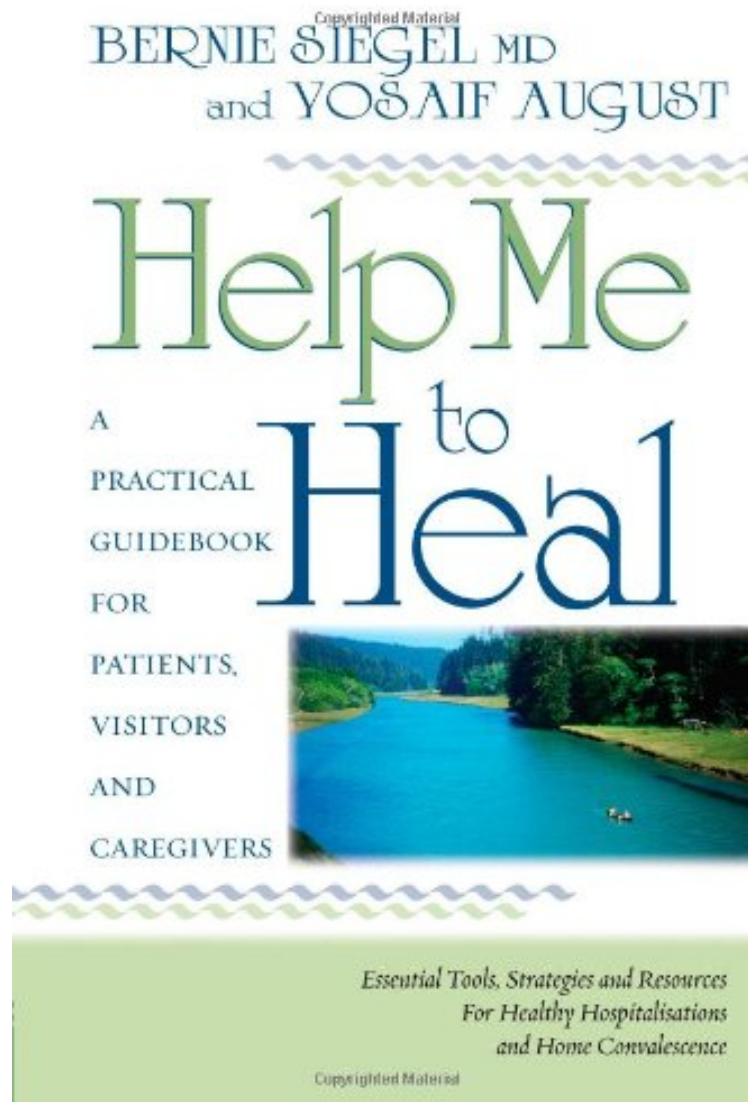


Help Me To Heal

Bernie Siegel M.D., Yosaif August

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About the Author
Bernie Siegel, M.D. embraces a philosophy that is at the forefront of a society grappling with medical ethics and spiritual issues. His books have broken new ground in the field of healing. Yosaif August, an award-winning bedside environmentalist, acquired the patient's perspective the hard way-first as a patient and later as an advocate and caregiver for his parents. In 1995, because of his personal experiences as a patient and caregiver, he founded *Healing Environments, International (HEI)*, a company that creates products that promote patient-centered healing. For that innovation he received the "Best of Competition" award in the 1996 *Nightingale Healthcare Design Competition*, First Prize/Professional Category in the 1996 *Healthcare Design Competition*, and a *Design Award* in 1998 from the *American Society on Aging*. Yosaif lives in Woodstock, New York, with his wife and two cats.