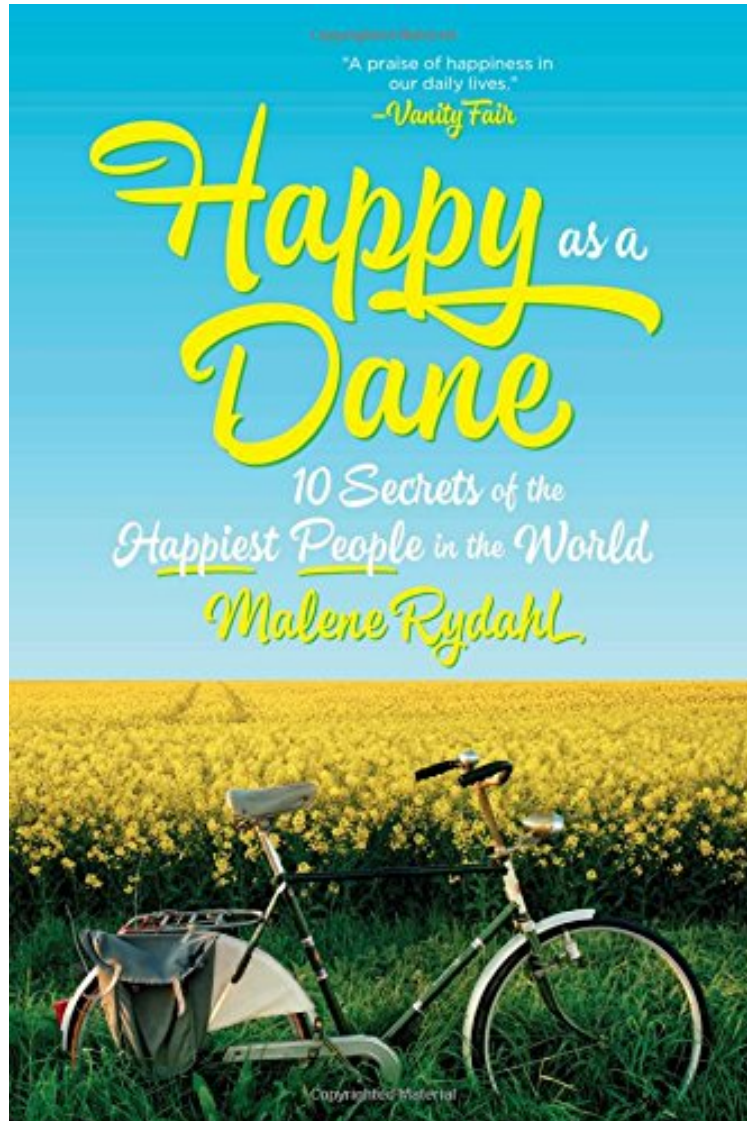


[Read free] Happy as a Dane: 10 Secrets of the Happiest People in the World

Happy as a Dane: 10 Secrets of the Happiest People in the World

Malene Rydahl

*Download PDF / ePub / DOC / audiobook / ebooks



[Download](#)

[Read Online](#)

#356910 in Books Malene Rydahl 2017-01-10 2017-01-10Original language:EnglishPDF # 1 8.30 x .50 x 5.60l, .0 #File Name: 0393608921144 pagesHappy as a Dane 10 Secrets of the Happiest People in the World | File size: 24.Mb

Malene Rydahl : Happy as a Dane: 10 Secrets of the Happiest People in the World before purchasing it in order to gage whether or not it would be worth my time, and all praised Happy as a Dane: 10 Secrets of the Happiest People in the World:

This international bestseller shows why the Danes are happy and how we can be, too. For decades Denmark has ranked at the top of the world's happiness surveys. How is it that these 5.6 million Danes are so content when they live in a country that is dark and cold nine months of the year and where income taxes are at almost 60 percent? At a time when talk across the Western world is focused on unemployment woes, government overreach, and anti-taxation lobbies, our Danish counterparts seem to breathe a healthier and fresher air. Interweaving anecdotes and research, Malene Rydahl explores how the values of trust, education, and a healthy work-life balance with purpose to name just a few contribute to a happy population. From eye-opening stories about open-air vegetable stands to babies safely left unattended while parents have coffee, to very generous paternity leave policies, Rydahl provides tips that we can all apply to our daily lives regardless of where we live.