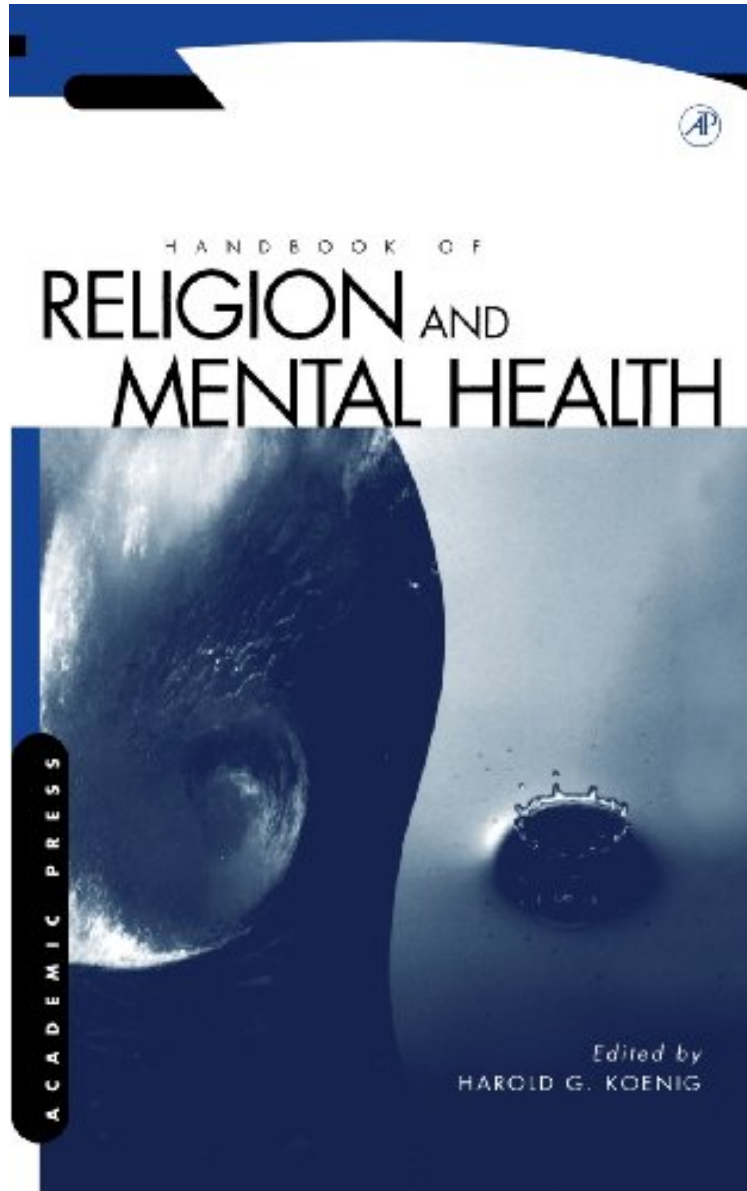


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## Handbook of Religion and Mental Health

*From Harold G Koenig*

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**From Harold G Koenig : Handbook of Religion and Mental Health** before purchasing it in order to gauge whether or not it would be worth my time, and all praised Handbook of Religion and Mental Health:

10 of 11 people found the following review helpful. An amazing creation and resource! By Dr. Trey K This book is a must have resource for anyone interested in the plethora of studies published in the field of religion and healthcare.

This book is the most comprehensive collection of all the related studies ever done to date. Koenig, McCullough, and Larson have brought an enormous resource to the hands of those who need them. Personally, I have found this book to be extremely helpful in resourcing the various studies related to my own work. The medical field is becoming increasingly aware of the relationship between religion and spirituality with health. Perhaps this powerful collection will help spur others to contribute to this growing field!

The Handbook of Religion and Mental Health is a useful resource for mental health professionals, religious professionals, and counselors. The book describes how religious beliefs and practices relate to mental health and influence mental health care. It presents research on the association between religion and personality, coping behavior, anxiety, depression, psychoses, and successes in psychotherapy and includes discussions on specific religions and their perspectives on mental health. Provides a useful resource for religious and mental health professionals Describes the connections between spirituality, religion, and physical and mental health Discusses specific religions and their perspectives on mental health Presents research on the association between religion and personality, coping behavior, anxiety, depression, psychoses, and successes in psychotherapy

"Not only is more empirical research of this relationship needed, but, as the authors of the different entries demonstrate, a more empathic understanding of the quality of this relationship is required as well. This well-conceived and well-executed handbook provides some means for achieving this understanding... I recommend this volume because it offers direction for such research." --JOURNAL OF CLINICAL PSYCHIATRY, October 2000 From the Back Cover

The Handbook of Religion and Mental Health is a useful resource for mental health professionals, religious professionals, and counselors. The book describes how religious beliefs and practices relate to mental health and influence mental health care. It presents research on the association between religion and personality, coping behavior, anxiety, depression, psychoses, and successes in psychotherapy and includes discussions on specific religions and their perspectives on mental health. Key Features\* Provides a useful resource for religious and mental health professionals\* Describes the connections between spirituality, religion, and physical and mental health\* Discusses specific religions and their perspectives on mental health\* Presents research on the association between religion and personality, coping behavior, anxiety, depression, psychoses, and successes in psychotherapy About the Author Harold Koenig completed his undergraduate education at Stanford University, nursing school at San Joaquin Delta College, medical school training at the University of California at San Francisco, and geriatric medicine, psychiatry, and biostatistics training at Duke University Medical Center. He is on the faculty at Duke as Professor of Psychiatry and Behavioral Sciences, and Associate Professor of Medicine. He is also Adjunct Professor in the Department of Medicine at King Abdulaziz University, Jeddah, Saudi Arabia, and Adjunct Professor in the School of Public Health at Ningxia Medical University, Yinchuan, Peoples Republic of China. Dr. Koenig is Director of the Center for Spirituality, Theology and Health at Duke University Medical Center, and has published extensively in the fields of mental health, geriatrics, and religion, with over 500 scientific peer-reviewed publications and book chapters and nearly 50 books in print or preparation. His research on religion, health and ethical issues in medicine has been featured on dozens of national and international TV news programs, over a hundred national or international radio programs, and hundreds of newspapers and magazines. Dr. Koenig has given testimony before the U.S. Senate (1998) and U.S. House of Representatives (2008) concerning the benefits of religion and spirituality on public health, and travels widely to give seminars and workshops on this topic. He is the recipient of the 2012 Oskar Pfister Award from the American Psychiatric Association and the 2013 Gary Collins Award from the American Association of Christian Counselors.