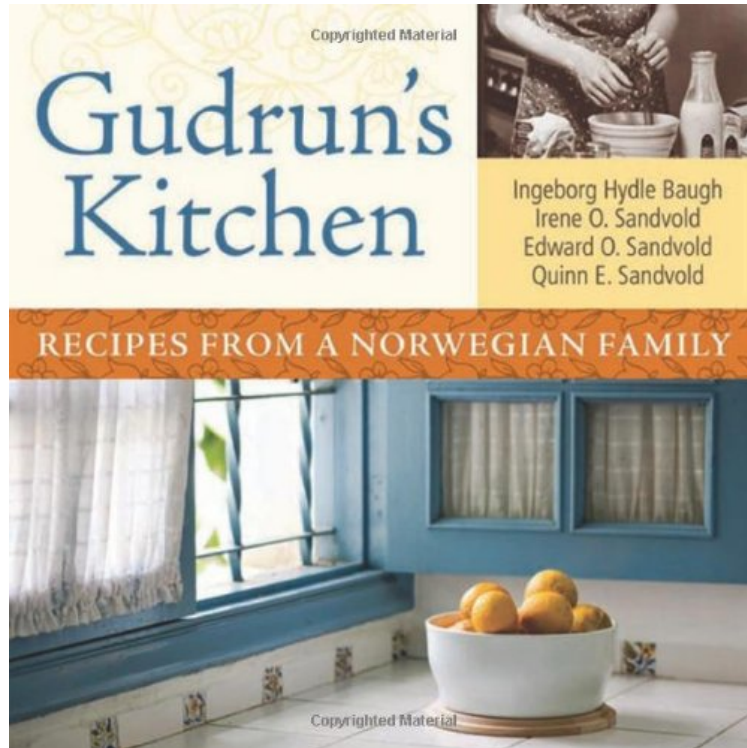


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Gudruns Kitchen: Recipes from a Norwegian Family

Irene O. Sandvold, Edward O. Sandvold, Quinn E. Sandvold, Ingeborg Hydle Baugh
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Irene O. Sandvold, Edward O. Sandvold, Quinn E. Sandvold, Ingeborg Hydle Baugh : Gudruns Kitchen: Recipes from a Norwegian Family before purchasing it in order to gage whether or not it would be worth my time, and all praised Gudruns Kitchen: Recipes from a Norwegian Family:

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The youngest of a large Norwegian immigrant family, Gudrun Thue Sandvold was known for her beaming blue eyes and a reserve that gave way to laughter whenever she got together with her sisters. She took immeasurable pride in her children and grandchildren, kept an exquisite home, and turned the most mundane occasion into a party. And to all who knew her, Gudrun's cooking was the stuff of legend.Part cookbook, part immigrant story, and part family memoir, Gudrun's Kitchen features hundreds of Gudrun Sandvold's recipes for comfort food from a time when families and friends gathered at the table and connected with one another every single day. But this book is much more than a guide to Norwegian culinary traditions; it is an important contribution to immigrant history and a vital documentation of our

nations multicultural heritage.

"Gudrun's Kitchen is a heartwarming recollection that will remind many of their own upbringings in Norwegian American households. Gudrun's personality, her foods, what she values, and her love of family are all captured for generations to enjoy in this wonderful book. Tusen takk!" (Jon M. Grinde, President, Idun Lodge, Sons of Norway)"This is a delicious family album filled with snapshots of the many chapters of an ordinary woman's life Norwegian immigrant, independent working woman, sister, wife, mother, grandmother, friend expressed through the recipes and food for which she is lovingly remembered. It is as much Gudrun's personal history as it is a cultural history of America." (Joanne Raetz Stuttgen, folklorist and author of *Cafe Wisconsin* and *Cafe Wisconsin Cookbook*)"If you've never known a gifted old world cook, one who cooked just for the joy of it, then pick up a copy of Gudrun's Kitchen. . . . It's charming. It's enlightening. And the recipes are wonderful. I read every word and felt teary when Gudrun's story ended, but perked up as I went over each recipe. They're real treasures." (TableConversation.com)"Whether you are looking for the perfect gift for a friend of Norwegian descent, or whether you want to try out some luscious new recipes, do take a look at Gudrun's Kitchen. I can almost promise you'll be hooked!" (Joan Sanstadt, Agri-View)