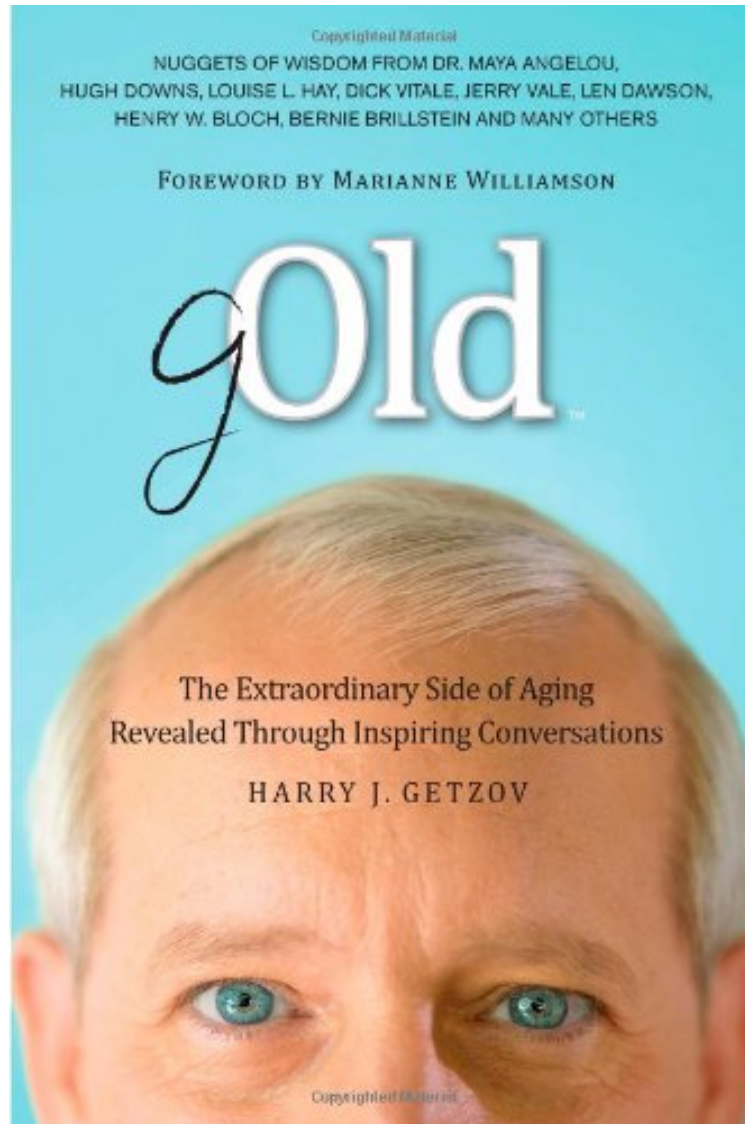


[Download free pdf] gOld: The Extraordinary Side of Aging Revealed Through Inspiring Conversations

## **gOld: The Extraordinary Side of Aging Revealed Through Inspiring Conversations**

*Harry J. Getzov*

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**Harry J. Getzov : gOld: The Extraordinary Side of Aging Revealed Through Inspiring Conversations** before purchasing it in order to gage whether or not it would be worth my time, and all praised gOld: The Extraordinary Side of Aging Revealed Through Inspiring Conversations:

0 of 0 people found the following review helpful. Terrific ReadBy Anonymous On its front cover, gOld claims to be full of "nuggets of wisdom" and it really delivers! Technically speaking, gOld is a collection of interviews that author

Harry Getzov conducted with people at least 70 years old but more accurately, it's a collection of stories, each with its own life lesson or otherwise helpful "nugget" of gold. The book is neatly arranged into different topics, such as Love, Health, Religion, and Family making it not only an enjoyable read but also a handy reference for an uplifting story about a specific topic. It's easy for a book like this to become repetitive but one of gOld's strengths is that it consistently delivers fresh perspectives even on the same topic and I found myself more anxious to turn the page and read the next nugget as soon as I finished the one right before! Another strength of gOld is the way Getzov introduces each topic and each interview subject. He writes in a great voice and his passion for the subject [and interview subjects] comes through loud and clear! Some of the interview subjects are very well known but the less well-known are often much more interesting. To quote Getzov, "Old - it's not a four-letter word." 6 of 6 people found the following review helpful. Alive at Seventy Five By Ron Darling I always thought my attitude about aging was unique until I read the stories in Gold about so many men and women who feel like they cannot wait for the dawn of another day. They are alive, and full of zest. I have great admiration for the author, Harry Getzov, who is so far on the sunny side of seventy, but who understands that we really are only as old as we feel. There are deep sociological implications in the fact that in 10 years so many millions of us will be over seventy. I very much appreciate the author's determination to interview men and women from so many walks of life ranging from the wealthy and famous to those of very limited means. I can't say enough good things about this book or the message of hope that it brings. 3 of 3 people found the following review helpful. Indispensable By Gaia Not only is this a unique idea for a book, but it is beautifully executed. Getzov's conversational style immediately made me feel as if he were personally introducing me to his most-valued friends. My heart was in my throat as I read the opening pages, which set a touching and reverential tone for the rest of the work. Getzov's personality and gifts as a writer are very evident; and yet, what really shines are the stories told by his interviewees. He builds an elegant framework and then respectfully lets them speak for themselves. Each short story is faithfully presented with the chuckles, smiles, and other physical cues that another author might have discarded. Yes -- some of his interviewees are famous, but many of them are not. This book is a treasure chest of stories that might otherwise have never been made known. How lucky are we that Getzov thought to ask these people for their wisdom? And what does it say about him that they were willing to open up so frankly? I, for one, am anxious for a follow-up book. Or a series.

What if growing old didn't have to mean being obsolete or over the hill? What if, instead, it meant being classic, venerable and wise? What if it meant writing the novel you've always wanted to write, or painting, or singing, or teaching, or traveling to a place you've always dreamed of? In gOld, Harry J. Getzov introduces us to many of the extraordinary senior citizens he has interviewed from all walks of life as part of the Eldercation project he created to promote the concept of positive aging. Kitchen tables, living room and den sofas, front porches and offices these are just some of the settings in which Getzov has visited with hundreds of older individuals. These special visits provide these people with an opportunity to talk freely about lessons learned and wisdom gained, and share their feelings about aging demonstrating that life after 65 can, indeed, be passionate and beautiful. Time and time again, a visit with a senior gives me the chance to pause and, in a manner of speaking, take a vacation from myself. It also provides an opportunity to engage in something that, unfortunately, seems to be more and more elusive in these fast and sleek times: a conversation. Not a text. Not a Facebook message. Not an on-the-run cell-phone chat. I'm talking about an actual, old-fashioned, one-on-one, face-to-face, eye-to-eye conversation. There is something almost magical about these personal interactions that, in my humble opinion, their high-tech counterparts simply cannot duplicate. . . . Visits with older individuals present us with special opportunities to learn and expand our minds, opening portals to all kinds of fascinating worlds. Conversations take the form of mini motion pictures or documentaries, all of them narrated firsthand by individuals who have amassed a wealth of knowledge enriched by one precious ingredient an ingredient not yet available in the same quantity to younger people: experience. Lots of experience." (Harry J. Getzov Excerpt from gOld). A precious treasure lies hidden within our older population waiting to be revealed. gOld opens the door to its revelation and suggests that it is time to change the way we think about aging and about our elder citizens.

"Older age doesn't mean the end of desire and excitement. gOld demonstrates, beautifully, how new adventures continue to unfold in later life, and this is certainly good news for the baby boomers." -- Dr. Ruth Westheimer "Harry Getzov has created an informative and easy-to-read collection of fascinating interviews-compiled from visits with people throughout the country. Beautifully written, gOld provides us with a broad perspective on what gives meaning and purpose to life." -- Susan Perlstein, The National Center for Creative Aging; Elders Share the Arts "Harry Getzov provides a beautiful gift to every reader: To those who, like my mother, live well into their older years and, perhaps more important, to those of us who need to be reminded that behind the face of an older person is the spirit of eternal life. May this book open many minds and illuminate many hearts." -- Marianne Williamson "It simply felt good to be around him." So writes Harry Getzov in gOld about the beautiful gardener who had a powerful influence on him as a child. We can say the same thing about all the wonderful individuals who appear in gOld: It feels good to be around them." -- Jennifer Read Hawthorne, coauthor, Chicken Soup for the Woman's Soul "gOld is a true gem that lends such

a sweet and tender voice to a generation that has gone unheard for far too long. I laughed - I cried - I rejoiced - as I am sure you will!" -- Grammy winning music icon, Patti Austin About the Author Prior to developing Eldercation, (and writing "gOld"), Harry J. Getzov worked as an attorney in the music and entertainment business, first as Vice President of Business Affairs at Atlantic/Select Records and then as a solo practitioner, counseling artists in the music, theater, literary, television and motion-picture industries. He also served as personal manager for several well-known entertainers, including The Jerky Boys, who, under his guidance, achieved international success in music and in comedy, selling millions of albums and videos, as well as starring in their own major motion picture. The Jerky Boys were twice nominated for Grammy Awards as Best Spoken Word recording artists. In addition to a degree of Juris Doctor from Emory University School of Law in Atlanta, Georgia, Getzov obtained a bachelor's degree from Boston University's College of Liberal Arts and studied at the Brookdale Center on Aging of Hunter College in New York City. He has been admitted to the practice of law in the State of New York and the Commonwealth of Massachusetts. His articles have appeared in the Huffington Post, New York Daily News, Newsday, The Dallas Morning News, The Kansas City Star, the Press Journal and amNew York, and he has been a guest on radio in the communities he has visited throughout the country. Getzov speaks frequently to students as well as to public and private audiences about Eldercation and intergenerational communication.