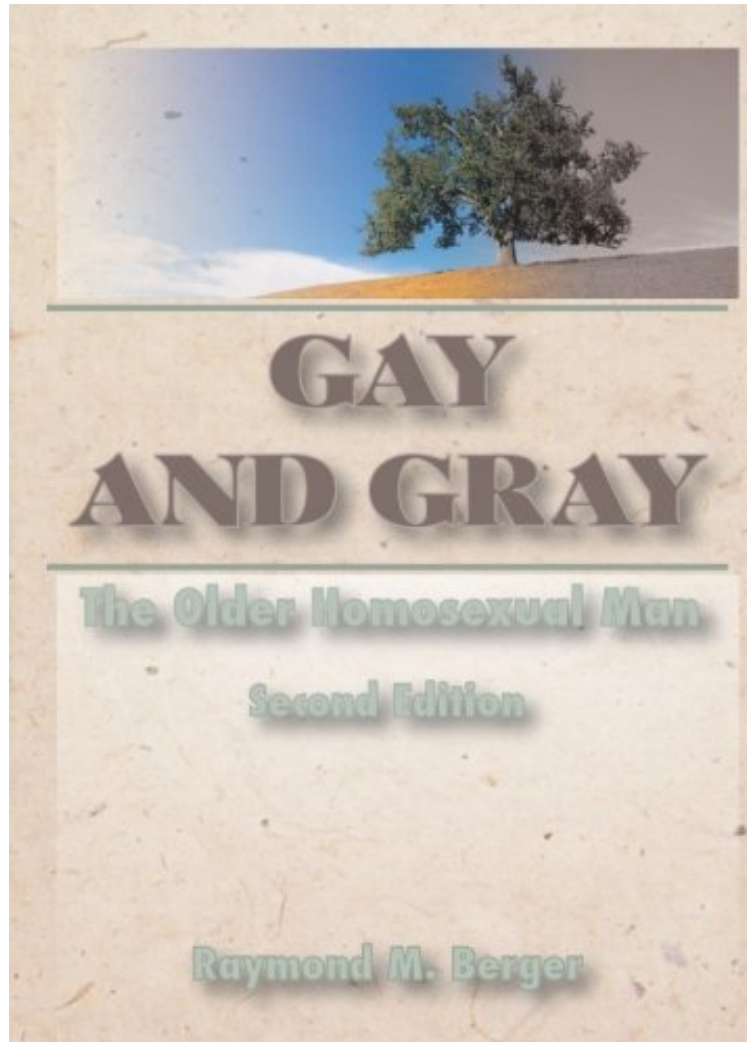


[Download free ebook] Gay and Gray: The Older Homosexual Man, 2nd Edition

## Gay and Gray: The Older Homosexual Man, 2nd Edition

*Raymond M. Berger*

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**Raymond M. Berger : Gay and Gray: The Older Homosexual Man, 2nd Edition** before purchasing it in order to gauge whether or not it would be worth my time, and all praised Gay and Gray: The Older Homosexual Man, 2nd Edition:

0 of 0 people found the following review helpful. A combination of personal case histories and statistics By belpanettone When I ordered this book I guess I was looking for more recent information about senior gay/bi men such as where to meet and not feel smothered and ridiculed by ripped muscle, washboard abs younger men. I feel like an outsider because of my age and because I have a pear shaped body. My mind, my past life experiences, my facial beauty, my need to give and take, and share are not much considered, if at all, by the studs who think only about sex and relationships that are usually born "overnight" and doomed to failure from day one. I've tried a couple of internet

senior dating sites. I haven't found much enthusiasm and participation which tells me that many older gay/bi men, like myself, are back in a closet all over again. The book has a good-read section with chapters dedicated to real-life experiences. Too much dedicated to statistics and study charts however. So, if you like that sort of thing, great for you and is an excellent price. 0 of 0 people found the following review helpful. Out of date By R. Ortegopretty much out of date. 0 of 0 people found the following review helpful. Basic information By Staffan Hallin A bit out of date, naturally, but still a good source for basic knowledge of and insight into how gay men look upon their aging.

In the absence of accurate information, American culture has upheld a distorted view of what it means to be an older gay man. *Gay and Gray* is the first and only scholarly full-length treatment of older gay men in America today. It breaks the stereotype that older gay men are strange, lonely creatures and reveals that most older gay men are well-adjusted to their homosexuality and the aging process. This second edition contains four new chapters that present additional perspectives on the reality of gay aging. Dr. Minnigerodes study shows that older gay men do not perceive themselves as growing old faster than their heterosexual counterparts, and that forty is the age at which most gay men believe that the label young no longer applies--this finding led Berger and other researchers to define older gay men as those over forty. Pope and Schulz confirm Bergers finding that for most older gay men a continuation of sexual activity and sexual enjoyment is the norm. John Grubes paper on the interaction of older gay men with younger gay liberationists explores the cultural divide between todays older gay man and his younger counterpart, filling a gap left in the first edition. And a concluding chapter by Richard Friend on a theory of successful gay aging summarizes much of the current thinking about this topic. The true situation of the older homosexual male presented in *Gay and Gray* challenges preconceptions about what it means to be old and gay. It asserts that in most ways, older gay men are indistinguishable from other older people. Because the book portrays older gay men in a realistic and sympathetic light, it is therapeutic for the many gay men who have been burdened with societys negative and distorted views about them. These men may compare their own lives to those of the respondents described in the book. *Gay and Gray* offers younger gay men a rare glimpse into their futures and enlightens and comforts those who count older gay men among their family and friends. The conclusions drawn in the book will change peoples perspectives and offer new ways of thinking for and about older gay men. *Gay and Gray* is filled with rich case histories and treats its subject with dignity and compassion. Topics of focus include: love relationships social and psychological adjustment gay community self-acceptance being in the closet and coming out as a gay person intergenerational attitudes popular stereotypes As the first intensive interview and questionnaire study of gay men aged 40 and older in America, *Gay and Gray* examines the lives of these men in light of cultural stereotypes. Author Berger asks about the social lives of these men, their involvement in both the heterosexual and homosexual communities, their coming out experiences, their attitudes about younger gays, their experiences in growing older, and their strategies for adapting to lifes challenges. In the study, Berger reveals that, contrary to stereotypic views, most older gay men are well-integrated into social networks and lead active and generally satisfying lives. He found that few live alone; most scored as well as younger gays on measures of psychological adjustment, such as self-acceptance; many are open about their homosexuality with family, friends, and colleagues; and the most well-adjusted older gay men were integrated into a homosexual community, associated with younger gay men, and were unwilling to change their sexual orientation.