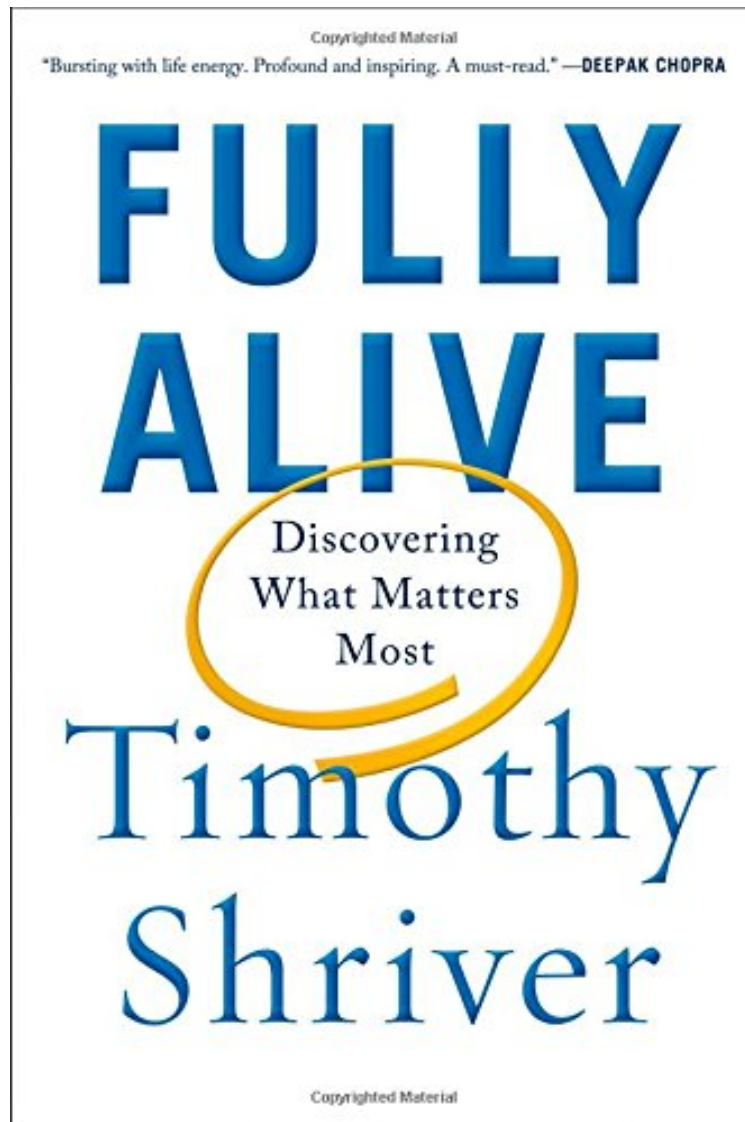


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Fully Alive: Discovering What Matters Most

Timothy Shriver

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#21348 in Books Timothy Shriver 2014-11-11 2014-11-11 Original language: English PDF # 1 234.70 x 1.16 x 6.30l, .0 #File Name: 0374280916304 pages Fully Alive Discovering What Matters Most | File size: 56.Mb

Timothy Shriver : Fully Alive: Discovering What Matters Most before purchasing it in order to gage whether or not it would be worth my time, and all praised Fully Alive: Discovering What Matters Most:

49 of 49 people found the following review helpful. both from the individuals prospective as well as their loved ones. Tims vulnerability By Peter T On my flight from DC home to LA last night I read Fully Alive. It is a powerful book that Tim has written. Breaking the code of silence about Rosemary opens ones eyes to the shame that is associated with intellectual disabilities, both from the individuals prospective as well as their loved ones. Tims vulnerability, insight and honest hopefully will remind this world that perception is not always reality. And IF we looked at other

peoples similarities versus their difference the world would be a greater place. At times, I had to take a break from the book because of the rawness of the story, but then 10 minutes later was pulled back because of the excellent writing. I hope others will read this book and find it as meaningful as I did. It has me wanting to join the fight against intolerance.

5 of 5 people found the following review helpful. Inspiration. By John Hooper I've worked with Special Olympics and I was a Peace Corps Volunteer. I often wondered how one family was inspired to create these amazing programs. This book explains how it all began. The Kennedy/Shriver family has significantly impacted my life. Timothy does an incredible job of telling this story. If you have not volunteered for a Special Olympic event, you have missed an opportunity to give yourself a gift of joy.

6 of 6 people found the following review helpful. #Understanding and Special Needs... #Yes ~ We are all #One ! #PlayUnified :D By Diane Marie Everyone should read his book to get some UNDERSTANDING of special needs and what Families go through together. What affects one, affects us all..., and what Eunice Shriver Kennedy did, and Timothy is carrying on with #SpecialOlympics is truly #Amazing in Our World!! God Bless Us All with their Grace ~

On a quest for what matters most, Timothy Shriver discovers a radically different, inspiring way of life. At a time when we are all more rudderless than ever, we look for the very best teachers and mentors to guide us. In *Fully Alive*, an unusual and gripping memoir, Timothy Shriver shows how his teachers have been the world's most forgotten minority: people with intellectual disabilities. In these pages we meet the individuals who helped him come of age and find a deeper and more meaningful way to see the world. Shriver's journey begins close to home, where the quiet legacy of his aunt Rosemary, a Kennedy whose intellectual disability kept her far from the limelight, inspired his family to devote their careers to helping the most vulnerable. He plays alongside the children of Camp Shriver, his mother's revolutionary project, which provided a space for children with intellectual disabilities to play, and years later he gains invaluable wisdom from the incredible athletes he befriends as chairman of the organization it inspired, Special Olympics. Through these experiences and encounters with scholars, spiritual masters, and political icons such as Nelson Mandela, Shriver learns how to find humility and speak openly of vulnerability and faith. *Fully Alive* is both a moving personal journey and a meditation on some of the greatest wisdom and the greatest contradictions of our society. Is disability to be feared or welcomed, pitied or purged? Shriver argues that we all have different abilities and challenges we should embrace. Here we see how those who appear powerless have turned this seeming shortcoming into a power of their own, and we learn that we are all totally vulnerable and valuable at the same time.

Sincere, profound and deeply satisfying. Kirkus (Starred) Bursting with life energy. Profound and inspiring. A must-read. Deepak Chopra Timothy Shriver has written a lovely, honest, and inspiring book that draws on his own wisdom, life experiences, and pioneering work as a champion of the intellectually disabled to offer important lessons for all of us. Michael Beschloss, author of *Presidential Courage* Timothy Shriver is not only a gifted writer but a profound intellect and a genuine seeker of the deep truths that make any human life worth living. To read this book is to have your own experience illuminated by an immensely compassionate being, to embrace your own limitations, and to move on with a warmer heart, a more peaceful mind, and a joyfully uplifted spirit. Martha Beck, author of *Finding Your Way in a Wild New World* This is a beautiful book about love, meaning, and the Kennedys. It is about Joseph and Rose's life with Rosemary, their daughter with an intellectual disability, who was a tragedy, yes, but also an amazing and precious person, a blessing to her family, challenging and beloved, a radical teacher of the value of each human life. This is the story of Rosemary Kennedy's role in leading the family to its force as advocates for the disabled all over the world, of her sister Eunice Shriver's founding of Special Olympics, of her nephew Timothy's dedication to this great cause. I was lifted, edified, riveted. Anne Lamott, author of *Small Victories* About the Author Timothy Shriver is an educator, a social activist, a film producer, and an entrepreneur. He has led Special Olympics, an organization that serves upward of four million athletes in 170 countries, for more than a decade. Shriver is perhaps best known for cofounding and currently chairing the Collaborative for Academic, Social, and Emotional Learning (CASEL), the leading research organization in the United States in the field of social and emotional learning. He lives in Maryland with his wife. They have five children.