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## Foundations for Clinical Mental Health Counseling: An Introduction to the Profession (3rd Edition)

Mark S. Gerig

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Note: This is the bound book only and does not include access to MyLab Counseling with Pearson eText. To order MyLab Counseling with Pearson eText packaged with the bound book, use ISBN 0134384776.Mark Gerigs Foundations of Clinical Mental Health Counseling gives readers a fresh perspective on todays clinical mental health counseling profession that is both practical and academically informed. Drawing on his experience as a counselor

educator, practitioner, supervisor and manager in agency and behavioral health settings, as well as on his leadership positions in professional associations, the author shows readers what it truly means to be a relevant clinical mental health counselor who delivers effective treatment in an ever-changing contemporary context. With the goals of helping current and future counselors ensure that they are helpful to their clients, marketable to potential employers, and relevant voices in front of stakeholders or public policymakers, Dr. Gerig presents a well-informed description of pertinent settings, public policies, and trends. The new edition includes new applications, expanded information, and a wealth of new content. Also available with MyLab Counseling This title is also available with MyLab Counseling an online homework, tutorial, and assessment program designed to work with the text to engage students and improve results. Within its structured environment, students see key concepts demonstrated through video clips, practice what they learn, test their understanding, and receive feedback to guide their learning and ensure they master key learning outcomes.

**From the Back Cover** An authoritative, fresh look at the clinical mental health counseling profession in its contemporary environment. Mark Gerig's *Foundations of Clinical Mental Health Counseling* gives readers a fresh perspective on today's clinical mental health counseling profession that is both practical and academically informed. Drawing on his experience as a counselor educator, practitioner, supervisor and manager in agency and behavioral health settings, as well as on his leadership positions in professional associations, the author shows readers what it truly means to be a relevant clinical mental health counselor who delivers effective treatment in an ever-changing contemporary context. With the goals of helping current and future counselors ensure that they are helpful to their clients, marketable to potential employers, and relevant voices in front of stakeholders or public policymakers, Dr. Gerig presents a well-informed description of pertinent settings, public policies, and trends. The new edition includes new applications, expanded information, and a wealth of new content. Personalize learning with MyLab Counseling MyLab Counseling is an online homework, tutorial, and assessment program designed to work with the text to engage students and improve results. Within its structured environment, students see key concepts demonstrated through video clips, practice what they learn, test their understanding, and receive feedback to guide their learning and ensure they master key learning outcomes.

**About the Author** Mark S. Gerig is Professor of Counseling and Chair in the Division of Graduate Counseling at Indiana Wesleyan University, located in Marion and Indianapolis, Indiana. He is a Licensed Mental Health Counselor and Licensed Psychologist with over 30 years of experience in professional counseling and counselor education. Mark has previously served as Manager of Crisis and Elderly Services at Hiawatha Behavioral Health, Sault Ste. Marie, Michigan, and as a sessional professor of psychology at Algoma University, Sault Ste. Marie, Ontario, Canada. Throughout these years, he has also provided counseling and consultation services to individuals, families, and organizations. Dr. Gerig has been a leader in state and national organizations. He presently serves on the Diplomate Committee of the American Mental Health Counselors Association. Mark has previously served in the roles of President and Chair of Professional Development in the Indiana Mental Health of the Indiana Mental Health Counseling Association and Mental Health Counseling Representative for the Indiana Counseling Association. In recognition of Dr. Gerig's professional service, he was named recipient of the 2005 American Mental Health Counselors Association Counselor Educator of the Year and recipient of the Mental Health Counselor of the Year Award by the Indiana Counseling Association (2003). Dr. Gerig lives near Marion, Indiana with his wife, Michelle. Their son, Brandon, is a fish biologist and completing doctoral studies at the University of Notre Dame. Their daughter, Laurn is a professional painter and is completing her Master of Fine Arts at Michigan State University. In addition to his professional activities, Mark considers the family cottage near Iron Bridge, Ontario as a second home and enjoys hiking, fishing, gardening, and ice hockey.